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# Role of Cardiac Imaging (CT/MRI) Before and After RF Catheter Ablation in Patients with Atrial Fibrillation

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# Abstract

Pre-procedure X-ray computed tomography (CT) and magnetic resonance imaging (MRI) angiography are commonly used to delineate the complex and variable relationship of the left atrium, pulmonary veins, and surrounding structures. 3D CT and MR angiography are routinely incorporated into electroanatomic mapping systems to guide ablation lesion placement in the context of patient specific anatomy. Post-procedure CT and MRI have also proven useful for evaluating complications such as pulmonary vein stenosis. In the future, these imaging modalities may be used to visualize more detailed tissue characteristics such as atrial fibrosis and ablation lesions. This could improve selection of patients for different treatment strategies and perhaps guide more effective ablation. This review will discuss current and emerging applications of CT and MRI before and after radiofrequency catheter ablation of atrial fibrillation.

# Introduction

Recognition that the triggering foci for atrial fibrillation (AF) frequently arise from the pulmonary veins (PVs) has lead to largely anatomic catheter ablation strategies to isolate these triggers from the atrial tissue.1-4 3D CT and MRI have helped understand the variable nature of PV anatomy in relation to surrounding structures. These modalities are now commonly used to plan and guide AF ablation procedures. Post-procedure, CT and MRI are used to evaluate complications such as pulmonary vein stenosis and esophageal injury. In its current state, AF ablation appears superior to pharmacologic therapy for controlling AF.<sup>5</sup> However, ablation success rates remain in the range of 70% with worse outcomes reported for more persistent atrial fibrillation and with repeat procedures commonly required to achieve successful treatment.<sup>6</sup> MRI and CT of detailed atrial tissue characteristics, such as fibrosis, are being studied to better understand the patient-specific atrial substrate that contributes to the success and failure of AF ablation. It is also recognized that ablation procedure failure is commonly associated with recovery of PV conduction despite acute PV isolation at the time of the procedure.<sup>7,8</sup> In the future, 3D imaging of the pattern and permanence of ablation lesions could be used to guide additional ablation to fill in "gaps" in ablation lines. This review will discuss the current and emerging roles of MRI and CT before and after radiofrequency (RF) catheter ablation of AF.

# Pre-procedure CT and MRI of Left Atrium and Pulmonary Veins for Guiding Ablation

Understanding the anatomic relationship of the left atrium (LA) and PVs is important for efficient-

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ly guiding successful AF ablation. CT angiography (CTA) and MRI angiography (MRA) provide a detailed 3D perspective of the left atrium and the number, location, size, and geometry of the pulmonary veins. CTA and MRA appear to characterize complex left atrial anatomy better than 2D imaging modalities such as fluoroscopy and echo.9, 10 Since an early MRA study by Kato, et.al. outlined PV anatomic relationships,<sup>11</sup> many CTA and MRA studies have confirmed the common occurrence of pulmonary vein variants. Supernumerary PVs, most often right sided but also potentially from the atrial roof or left side, occur in 10-39% of people in 3D angiogram studies.<sup>11-14</sup> AF triggering foci can be located within these additional veins requiring their isolation.<sup>15</sup> Early branching from the PV ostium can also be seen and appears more common for the right PVs.16 Being alerted to the presence of such veins is important because ablating near small or early branching PVs increases the risk of pulmonary vein stenosis.17, 18 A left common PV trunk results in a broad PV junction and is present in 12 to 29% of people in 3D angiogram studies.<sup>11-14</sup> A recent study by Hunter, et.al. reported that common PV trunk anatomy may reduce single procedure success rates.<sup>19</sup> This could suggest a need to focus on better catheter contact during ablation around these veins or point to difficulty confirming true electrical isolation post-ablation due to sub-optimal circular mapping catheter positioning. For such reasons, CTA or MRA is recognized as an appropriate pre-AF ablation study and twothirds of centers participating in the AF Consensus Task Force routinely perform such imaging.<sup>4, 20</sup>

Pre-procedure 3D angiograms are now commonly imported into standard electroanatomic mapping systems (EAM) to provide a real-time sense of catheter position in relation to a patient's specific LA and PV anatomy. The topic of "image integration" with EAM as has been nicely discussed in a number of recent reviews.<sup>21-23</sup> Early experiences suggested that image integration was qualitatively helpful for tailoring ablation to variant PV anatomy and for guiding lesion placement in areas where stable catheter positioning was difficult.<sup>17,</sup> <sup>24</sup> (Figure 1) Increased confidence in catheter manipulation is supported by randomized studies, which have reported that less fluoroscopy is needed when image integration is used.<sup>25-28</sup> However, the consensus of these studies is that image integration does not reduce AF recurrence following

**Figure 1:** Anatomy tailored ablation by merging 3D angiogram information with electroanatomic mapping catheter guidance. Red dots indicate locations were ablation energy was delivered. A) A procedure where pulmonary vein isolation was achieved by circumferential ablation around the right and left pair of PVs followed by segmental ablation, encroaching closer to the veins, marked by yellow arrows. B) Ablation was guided to the PV side of a narrow left atrial appendage ridge, marked by white arrows. C) A patient with a left common PV and D) ablation could be directed onto a wider left atrial appendage ridge. (Adapted from Dong, et.al. Circulation 2006)



ablation. This likely reflects that AF ablation outcomes are limited by factors that are not addressed by use of detailed angiographic "road-maps". It is also possible that some of this lack of efficacy is related to potential errors when registering EAM space with pre-procedure 3D angiograms. Inaccurate registration can give a false impression of catheter/tissue contact, which affects the ability to reliably create permanent ablation lesions.<sup>29</sup>

Intra-procedure imaging could reduce registration errors that result from changes in volume status, respiratory phase, cardiac rhythm, and patient position that can occur after pre-procedure imaging. Recently introduced C-arm CT, or rotational angiography, generates a 3D angiogram using the same fluoroscopy system used to perform the AF ablation procedure. This technology appears capable of accurately characterizing LA anatomy compared with conventional CT <sup>30</sup> and with a potentially lower radiation dose.<sup>31</sup> Because rotational angiography is inherently registered to the fluoroscopy system, these 3D angiograms are more readily overlaid on conventional fluo-

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**Figure 2:** Illustrates how overlay of C-arm CT anatomy on top of conventional fluoroscopy may assist in catheter guidance. 3D structures of interest, in this case the left atrium, spine (S), and esophagus (E), were first segmented from the C-arm CT image and then displayed on top of the fluoroscopic image. Additional registration was not required because the C-arm CT was acquired with the same X-ray system as the live fluoroscopy. The underlying fluoroscopic image clearly depicts the ablation (C), lasso (L), and coronary sinus (CS) catheters, but contains minimal soft tissue detail. However, the location of the ablation catheter and lasso catheter within the left inferior PV is clear when anatomic structures from the C-arm CT are overlaid. In this study, ablation locations (A) could also be displayed with the C-arm CT data. (Adapted from Li, et.al. Heart Rhythm 2009)



roscopic images.<sup>32</sup> This feature may provide more informed catheter positioning within the LA and PVs independent of EAM guidance. (Figure 2) Intracardiac echocardiography (ICE) is already commonly used for intra-procedure imaging and has recently been applied to generate 3D anatomy for EAM guidance.<sup>33</sup> ICE depiction of 3D atrial anatomy is less detailed than that obtained by CT or MRI, but is inherently registered to the EAM catheter position when an ICE catheter with an EAM position sensor is used. A recent report described combining these two techniques to get the registration accuracy of ICE while retaining the anatomic detail of rotation angiography.<sup>34</sup> To date, the ability of these intra-procedure imaging modalities to improve AF ablation outcomes has not been demonstrated. However these techniques appear capable of at least improving procedure efficiency compared with pre-procedure image integration.<sup>31, 35</sup> Beyond 3D angiography, imaging atrial wall characteristics could provide additional information for guiding AF ablation. CT has demonstrated significant variations in atrial wall thickness between different regions of the left atrium, ranging from 0.5 to 3mm with significant interpatient variability.36 Patient specific variations in regional wall thickness might be useful for directing increasing ablation power in thicker regions, such as the appendage ridge, mitral isthmus, and superior roof, in order to increase the likelihood of transmural lesion formation. Conversely, power could be decreased in thinner regions, such as the superior posterior wall, to avoid complications such as perforation. MRI is capable of visualizing atrial tissue changes following ablation. In the future, such ablation lesion imaging could potentially guide additional ablation to fill in "gaps" between lesions. The current state of ablation lesion imaging will be discussed in a later section of this review. Imaging more detailed atrial tissue characteristics such as fibrosis might also be useful for guiding ablation strategy as will be discussed below.

#### **Pre-procedure CT and MRI for Evaluating Arrhythmogenic Atrial Substrate and Ablation Patient Selection**

AF requires not only a trigger but also an atrial substrate that is able to sustain the arrhythmia.<sup>37</sup> This understanding has motivated study of atrial substrate features that impact the success and failure of ablation procedures. Gross atrial volume and shape reflect some of aspects of pro-arrhythmic atrial substrate. For example, progressively larger atrial volume by CTA has been associated with incrementally higher odds of AF recurrence following ablation.<sup>38</sup> A more flattened atrial roof shape may also identify patients who require additional trigger ablation or substrate modification outside of PV isolation.39 Imaging more detailed tissue characteristics such as atrial fibrosis and pericardial fat are also being investigated as more specific predictors of ablation outcome.

MRI shows promise as a more direct method of assessing the atrial fibrotic changes that parallel the progression of atrial fibrillation to more persistent forms.<sup>40</sup> Delayed gadolinium enhancement MRI (DEMRI) is based on the preferential retention of intravenous gadolinium contrast within myocardium that has disrupted vasculature.<sup>41</sup> Oakes, et.al. first reported the possibility

of detecting atrial fibrosis using DEMRI.<sup>42</sup> They found that the extent of pre-ablation LA DEMRI enhancement was 3 to 4 times more predictive of response to drug therapy and AF ablation than LA volume. In this study, AF recurrence after ablation occurred in 75% of patients with extensive enhancement, 43% of those with moderate enhancement, and only 14% of those with mild enhancement. Follow-up studies by this group have supported this finding, leading to proposal of a "fibrosis" scoring system based on total amount of DEMRI atrial enhancement. (Figure 3) These studies reported no post-ablation AF recurrence in patients with very low (< 5%) enhancement but 56% to 96% recurrence in those with more than 35% enhancement.<sup>43, 44</sup> This was despite 40% of patients with very low enhancement having persistent AF and a quarter of patients with more than 35% enhancement having paroxysmal AF. These results suggest the limitation of relying on standard paroxysmal and persistant clinical categories for predicting response to AF ablation.

**Figure 3:** Visualization of left atrial "fibrosis" based on preablation 3D DEMRI. A) Illustrates a scoring system based on quantity of DEMRI enhancement that is proposed to reflect low (Utah Stage 1) to high (Utah Stage 4) amounts of atrial "fibrosis". Differential coloring was used to better distinguish contrast-enhanced atrium (green to red) from non-enhancing atrium (blue). B) Plots freedom from AF over days after ablation and shows that low, intermediate, and high amounts of enhancement differentiated patients with excellent to poor outcomes despite C) significant number of patients with minimal enhancement having persistent AF and with higher amounts of enhancement having paroxysmal AF. (Adapted from Akoum, et.al. JCEP 2011)



To date, more widespread use of atrial DEMRI and confirmation of these findings have been limited by technical challenges. Still, these studies suggest the potential of atrial substrate imaging to refine our understanding of AF in individual patients and to identify groups of patients for whom current ablation strategies have a high likelihood of success or failure.

MRI and CT are also capable of localizing and quantifying pericardial fat, which is thought to play a role in local inflammation and could promote AF. Studies by Batal, et.al. and Thanassoulis, et.al. provided evidence that the presence and quantity of pericardial fat measured by CT was associated with increasingly persistent forms of AF despite adjustment for other clinical factors including non-pericardial fat deposits.<sup>45, 46</sup> Most recently, using MRI, Wong, et.al. corroborated that pericardial fat volume was associated with the presence and chronicity of AF. They also found that pericardial fat deposits were predictive of AF recurrence after ablation whereas systemic measures of adiposity such as BMI were not.<sup>47</sup> Such studies will likely motivate further evaluation of the role pericardial fat plays in AF.

#### **Post-procedure Imaging for Assessing Ablation Lesions**

Using imaging to establish creation of permanent ablation lesions at the time of the procedure could address an important limitation of current ablation procedures. Recovery of PV conduction is typical in patients who undergo repeat AF ablation despite documentation of electrical pulmonary vein isolation (PVI) after previous procedures.<sup>7, 8, 48, 49</sup> This is likely due to resolution of transient factors such as edema that acutely affect conduction but can resolve in the days to weeks following ablation.<sup>50</sup>

Among imaging modalities, MRI has the most established history for assessing lesion characteristics following cardiac ablation.<sup>51-53</sup> In 2007 Peters, et.al. introduced the concept of high-resolution atrial ablation lesion imaging following PVI using DEMRI.[54] McGann, et.al. expanded upon this technique and used a standardized workflow for 3D ablation lesion quantification and visualization.<sup>55</sup> They found that despite a uniform and extensive ablation protocol, there was significant

**Figure 4:** Atrial ablation lesion visualization using 3D DEM-RI. A) A 2D DEMRI slice through the left atrium. The red arrow end marks an area of post-ablation enhancement. B) Segmenting enhanced regions isolates ablated areas from the rest of the image. The red arrow tip marks one area of ablation. C) Segmented "lesions" from the whole 3D image (colored purple) can be overlaid on the 3D angiogram (colored tan) to clarify the distribution of left atrial ablation lesions. Red dots indicate areas marked by the EAM mapping system where ablation energy was delivered. The black arrow illustrates a region of incomplete ablation below the right inferior PV. The white arrow illustrates an area of ineffective ablation where RF energy was delivered but no resulting ablation lesion was seen. (Adapted from Taclas, et.al. Heart Rhythm 2010)



patient-to-patient variation in post-ablation LA enhancement. They also found that a greater amount of post-ablation enhancement was associated with less AF recurrence after ablation. Looking more closely at the relationship between attempted ablation and actual lesion formation, Taclas et.al. reported that 20% of lesions they marked with EAM did not have evidence of associated DEMRI atrial enhancement.<sup>56</sup> (Figure 4) They also related more "gaps" in DEMRI enhancement to greater AF recurrence after ablation. Conversely, Badger, et.al. found that achieving circumferential DEMRI enhancement around all pulmonary veins was difficult and only seen in 7% of patients after initial ablation.57 However, all patients who achieved circumferential enhancement of all veins were free from AF at one year. They also noted that in the 18 patients undergoing repeat ablation, recovery of PV conduction was only seen in veins with non-circumferential ablation. Akoum, et.al. recently refined these findings by combining preprocedure DEMRI fibrosis assessment and postprocedure DEMRI lesion assessment.<sup>44</sup> After PVI plus extensive substrate ablation, they found that achieving circumferential DEMRI enhancement around the PVs predicted procedural success only in patients with relatively less DEMRI atrial fibrosis. However, in patients with more atrial fibrosis only overall post-ablation atrial enhancement, including the posterior wall and septum, was predictive of success. This study suggests that imaging detailed atrial tissue characteristics may be useful for identifying patients who are likely to require an ablation strategy beyond PVI.

One limitation of the studies above is that lesion imaging was performed weeks after ablation. Further investigation is required to identify permanent lesion characteristics at the time of the procedure when additional ablation could be targeted to lesion "gaps". Badger, et.al reported that the amount of DEMRI enhancement seen within 24 hours of ablation was significantly greater than the enhancement seen at 3 and 6 months after ablation.<sup>58</sup> This reflects that early post-ablation, gadolinium appears to be retained in areas of transient atrial injury that do not correlate well with eventual atrial scarring. A recent follow-up study by McGann et.al suggested that, non-enhancing "dark" regions on DEMRI might better reflect regions that will eventually form durable ablation lesions.59

Even if permanent ablation lesion characteristics can be visualized early post-ablation, the difficulty of transporting patients between the EP lab and MRI scanner limits the practicality of using DEMRI lesion imaging for guiding ablation. This limitation is one motivation for research into performing ablation procedures within the MRI scanner using real-time MRI guidance.<sup>51, 60-62</sup> Lesion visualization using other modalities that may be more amenable to intra-procedure integration is also under investigation. Recently, animal studies using C-arm CT have demonstrated the feasibility of RF ablation lesion imaging in the ventricle.<sup>63</sup> However, reductions of radiation and contrast dose are needed for clinical use and the ability to visualize atrial lesions remains to be demonstrated. ICE methods for cardiac ablation lesion imaging have also been studied.<sup>64, 65</sup> Though ICE currently has limited clinical utility for reliably imaging ablation lesions, new methods are in early stages of investigation.<sup>64, 66, 67</sup>

#### CT and MRI for Avoiding and Evaluating Complications

In a recent worldwide survey, the risk of significant complications following AF ablation was reported to be around 4.5%.<sup>6</sup> These complications include stroke, cardiac tamponade, pulmonary vein stenosis, and esophageal and phrenic nerve injury. Appreciation of the left atrial structure and relationship to surrounding anatomy is important to minimize mechanical and ablation re-Anatomic considerations lated complications. of relevance to transseptal puncture include the relationship of the foramen ovale to the aorta, left atrial appendage, and posterior, superior, and lateral atrial walls. The risk of catheter-mediated perforation can be mitigated by additional localization of the PV junctions and knowledge of regional variations in atrial thickness. Ablation injury of adjacent structures can be minimized by understanding the anatomic relationships of these structures such as the course of the right phrenic nerve between the right superior PV and superior vena cava/right atrium, the proximity of the left circumflex coronary artery to the mitral isthmus and coronary sinus, and the proximity of the bronchi to the atrial roof. CT and MRI are useful for depicting these anatomic relationships and as previously discussed can be combined with EAM catheter tracking systems to assist procedure guidance. As reviewed next, CT and MRI have also been specifically evaluated for the prevention of stroke and post-ablation evaluation of pulmonary vein stenosis, esophageal injury, and reduction of atrial function.

Stroke can be a debilitating complication of AF ablation and left atrial thrombus is an absolute contraindication for the procedure. Though TEE remains the standard for excluding left atrial appendage thrombus, an ability to combine thrombus evaluation with pre-procedure CT or MRI could avoid need for an additional study. The largest study on this subject included 402 patients and suggested that absence of an appendage filling defect on CT angiogram may be sufficient to exclude thrombus in patients with a low CHADS<sub>2</sub> score.<sup>68, 69</sup> Though MRI is excellent for detecting ventricular thrombus, it has been less studied for evaluating atrial thrombus. There is some support that a negative non-contrast MRI may

exclude atrial appendage thrombus.<sup>70</sup> However, conflicting data from contrast MRI studies suggest that further investigation is needed.<sup>71</sup> Beyond exclusion of existing atrial thrombus, imaging could have a broader role in defining an individual's stroke risk. A recent report found that patients with prior stroke had significantly more atrial "fibrosis" by DEMRI than those without prior stroke and suggested that LA fibrosis was associated with stroke independent of CHADS<sub>2</sub> risk factors.<sup>72</sup> If confirmed to be prospective predictors of stroke risk, such imaging measures of atrial remodeling may be useful for guiding the need for long-term anticoagulation.

Pulmonary vein stenosis is a well-recognized complication of AF ablation that results from ablation within or near the PVs. CT and MRI are the preferred modalities for assessing this complication and grade stenosis as mild (< 50%), moderate (50-70%), and severe (> 70%).[4] The risk of PV stenosis decreases with ablation further outside the PVs, but was reported as high as 42% after focal ablation of triggers within the PVs.73 Dill, et.al. reported a lower risk around 18% following segmental PV isolation, but that the risk of stenosis increases when ablation is delivered to increasingly circumferential regions of the PV ostia.74 With contemporary antral PV isolation, one group reported around a 3% risk of moderate stenosis and 1% risk of severe stenosis.75 Still, some advocate screening for PV stenosis three months following ablation because many patients with severe stenosis remain asymptomatic.75 This is relevant because stenosis can progress over time and the window for intervention may be lost if total PV occlusion occurs.76 Though most groups do not routinely perform PV stenosis screening, it has been recommended that centers beginning to perform AF ablation or those beginning to use new ablation modalities consider screening for quality control purposes.<sup>4</sup>

Atrial-esophageal fistula is a rare but often fatal complication of AF ablation that can result from ablation along the posterior LA. CT and MRI are the standard diagnostic modalities for assessing this condition.<sup>77</sup> Because esophageal injury has potentially devastating consequences, there has been recent interest in early detection that could prompt earlier intervention. Badger, et.al. proposed that DEMRI might be able to identify esophageal injury

after ablation.<sup>78</sup> However a follow-up study suggested that esophageal enhancement at 24 hours did not correlate with EGD evidence of esophageal injury and that MRI appeared overly sensitive.<sup>79</sup> The primary strategy for preventing this serious complication is avoidance. Pre-procedure CT and MRI have documented the nearly ubiquitous contact of the esophagus with the posterior LA, significant variability in esophageal course relative to the left and right PVs, and that the esophagus is often compressed and contact can span most of the posterior LA wall.<sup>80</sup> However, because the esophagus can shift many centimeters from the time of pre-procedural imaging,<sup>81</sup> more "real-time" measures of esophageal position such as esophageal temperature probe monitoring, ICE, or potentially C-arm CT are recommended.<sup>4, 30</sup>

The shift to ablating larger regions of the atrium, particularly in cases of persistent atrial fibrillation, raises concern for adversely impacting atrial structure and function. Using post-ablation DEM-RI to quantify LA "scarring" after ablation, Wylie, et.al. found a linear correlation between increasing amount of ablation and decreasing atrial ejection fraction (EF).82 Though a recent meta-analysis reported overall improvement in atrial function following successful ablation[83], a subsequent CT angiography study by Masuda, et.al. refined this finding.<sup>84</sup> This study found that while postablation LA volume and EF improved in patients with larger baseline LA volume and poorer baseline EF, atrial function worsened in those with more preserved baseline atrial function. Gibson et.al. also recently described a "stiff left atrial syndrome" characterized by atrial diastolic dysfunction and worsening pulmonary hypertension in the absence of PV stenosis.<sup>85</sup> This syndrome was noted after AF ablation in 1.4% of over a thousand patients. Severe pre-ablation atrial scarring, along with diabetes and sleep apnea, were risk factors for this condition. Though this study used invasive mapping to identify pre-ablation atrial scar, MRI might be useful for non-invasive, pre-procedure characterization of atrial scarring as discussed above.

#### Additional CT and MRI Considerations

Though in current use CT and MRI are often interchangeable, these modalities have some relative advantages and disadvantages. CT has the advantage of short imaging times and high spatial resolution. Current CT systems are capable of generating 3D angiograms with 0.5x0.5x0.5mm resolution within around 10 heart beats for 64 detector systems and within one heart beat for 320 detector systems.[86] In contrast, a 20 to 30 second breath hold is typically required for 3D MRA with a resolution around 1.5x1.5x1.5mm. More significantly, much longer imaging times of several minutes are currently required for the "fibrosis" and ablation lesion DEMRI studies discussed above. Reliably mitigating the effects of patient and physiologic motion over these longer imaging times remains a challenge. Improving the speed and motion sensitivity of MRI is an area of active investigation that has seen a number of promising recent developments.87-89

An advantage of MRI over CT is that it does not require ionizing radiation. Minimizing radiation exposure is a consideration in the AF ablation population because prolonged fluoroscopy and repeat ablation procedures can result in significant cumulative radiation dose. MRI also has the advantage of more flexible soft tissue contrast compared with CT. This has lead to the more rapid advances in MRI of atrial substrate and ablation lesions that have been discussed in this review.

The use of both CT and MRI is limited in patients with significant renal dysfunction. The incidence and severity of renal dysfunction with iodine-based CT contrast agents markedly increases in patients with GFR < 30 ml/min.<sup>90</sup> Gadolinium MRI contrast has been associated with a very rare but serious condition, nephrogenic systemic fibrosis (NSF). The occurrence of NSF has been limited to patients with GFR < 30 ml/min and typically dialysis dependent.<sup>91</sup> Non-contrast MRA has been proposed for left atrial and PV imaging in such patients.<sup>88</sup>

#### Conclusions

Pre-procedure CT and MRI are widely accepted for ablation planning to delineate the complex and variable anatomy of the left atrium, PVs, and surrounding structures. The information from pre-procedure 3D angiography is commonly incorporated into electroanatomic mapping systems to guide ablation lesion placement and can reduce

need for fluoroscopic radiation exposure. Postprocedure imaging using these modalities can also be useful for evaluating complications such as PV stenosis, esophageal injury, and reduced atrial function. In the future, incorporating MRI or CT information about tissue characteristics such as regional fibrosis, pericardial fat, and local wall thickness may provide additional information for selecting patients for different ablation strategies or for guiding ablation. A major limitation of current ablation procedures is an inability to consistently create permanent, transmural ablation lesions. Ablation lesion imaging is a current focus of research toward the goal of detecting incomplete regions of ablation in order to guide additional lesion placement. Together with advances in real-time imaging modalities such as ICE and MRI, alternate ablation delivery systems, and better understanding of AF pathophysiology, ablation promises to evolve into a more uniformly successful treatment for atrial fibrillation.

### Disclosures

No disclosures relevant to this article were made by the author.

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